ALS announces graduates

See page 2

Ben Eielson continues winning streak

See page 6

Valentine's Day messages

See page 6

To Fight and Support the Fight - Any Time, Any Place

DWI: Penalties high for repeat offenders

by 2nd Lt. Bryon McGarry 354th Fighter Wing Public Affairs

Eielson AFB, Alaska Home of the Iceman Team

If the potential for death or dismemberment were not enough, Eielson Airmen can also count on severe financial and driving-privilege penalties for violating Alaska's strict laws against driving while intoxicated.

According to state statutes AS 28.35.036 and AS 28.35.030, driving while intoxicated is defined as: "the operation of a vehicle, aircraft or watercraft while under the influence of an alcoholic beverage, inhalant or controlled substance." Penalties for DWI in Alaska, particularly within Fairbanks city limits, can put a serious burden on an Iceman's wallet, freedom of movement and career.

"First offense DWIs (no prior convictions for DWI in the past 10 years) will incur all applicable fnes and court costs," said Fairbanks Police Depart -

ment Lt. Dusty Johnson. "In addition, the city will impound the vehicle for 30 days.' The cost to get the vehicle out of impound ranges from \$400 to \$1,500

and is based upon the year model. Those with newer vehicles will pay higher impound fees. Additionally, some individuals may be required to install a breath-lock device on their vehicle at their own expense to ensure they don't break the law again. For second-offense DWIs (a prior conviction in the past 10 years any-

where in the United States), the vehicle will be up for a forfeiture hearing, Johnson said. The vehicle will also be up for forfeiture if a person is arrested within the Fairbanks jurisdiction for DWI and has had a conviction in the past 10 years for driving without insurance, refusing to submit to a breath test or driving with a suspended license.

"Following the person's conviction for DWI, there is a court hearing,

without a jury, that may result in a court-ordered forfeiture," Johnson said. "In some cases, vehicles have been returned to the lien holder, such as for leased vehicles or those being fnanced. With a forfeiture order, the city may decide to sell the vehicle at auction, destroy it or donate it to charity."All of these municipal processes are supported by Alaska Statutes, he added.

Maj. Scott Sanford, 354th Fighter Wing Security Forces Squadron commander, summed up the importance of practicing common sense.

"The bottom line is that people with second-time DWI offenses in Fairbanks will lose a large sum of money and possibly their vehicle," he said. "Take care of each other and plan ahead; the costs to the pocketbook and career are unacceptable."

Iceman team members are encouraged to implement the three-step planning method: Have a plan. Stick to the plan. If the plan fails, use

Dedicated to AF mission

Airman deploys for eighth time in nine-year career

by Airman 1st Class Justin Weaver 354th Fighter Wing Public Affairs

Pick up a dictionary and look up the Air Force Core Values and you'll probably see this Airman's picture next to its defnition.

Staff Sgt. Kevin Strickland, 354th Maintenance Squadron crew chief, exemplifes those three core values of Integrity First, Service Before Self and Excellence In All We Do, deploying for the eighth time in his nine-year Air Force tenure.

"I have volunteered for almost every deployment I've been on," Sergeant Strickland said. "The Air Force needs people to deploy, and if I go, that means someone else can stay at home with their family."

Sergeant Strickland, who is currently deployed to Afghanistan, uses the knowledge he's gained from his deployments to help mentor other Airmen

"Other Airmen in my shop get anxious and nervous when they hear they have to deploy," he said. "I try and help them understand what they can expect when they deploy and how they can best be prepared."

Capt. Eric Klein, 354th Maintenance Squadron flight commander beamed with pride while talking about Sergeant Strickland.

"He is a very hard worker that truly has a passion for what he does for a living and for everyone around him," he said. "Sergeant Strickland was vital during our pre-deployment preparation by not only handling the overwhelming workload, but also by fnishing his 7-level training while ensuring his troops were prepared and ready to deploy."

A decade ago, the dedicated crew chief was stocking shelves at a local grocery store in his hometown of Beaufort S.C. when he decided he wanted to do

See **Deploy** Page 2



Staff Sgt. Jennifer Redente

Staff Sgt. Kevin Strickland, 455th Expeditionary Aircraft Maintenance Squadron inspection section craftsman, uses an 18 volt drill to secure a leading edge panel onto the horizontal stabilizers of an A-10 at Bagram Airfield, Afghanistan. Sergeant Strickland is from the 354th Maintenance

Family down days updated

two days normally reserved for family days during the Christmas and New Years holidays will now move from the Friday prior, to the Tuesday after each holiday. Instead of 22 Dec, and 29 Dec, the new Family Days will be 26 Dec, and 2 Jan.

As a recent update to the 2006 Family Day schedule,

The new Family Days schedule for 2006 will be the following: Jan. 12, Feb. 17, May 26, July 3, Sept. 1, Nov. 24, Dec. 26 and Jan. 2.

Civilians are encouraged to take annual leave or use accrued compensatory time. All Pacifc Air Forces members are encouraged to enjoy this time together with family and friends. General Paul Hester, PACAF commander, reminds everyone to keep safety in the forefront of everything you do and remember that we are Air Force families taking care of Air Force families.

Uniform board releases results

The 97th Air Force Uniform Board released their newest results for proper wear of the uniform.

The board met in October and discussed everything from eliminating the Air Force Good Conduct Medal to maternity uniforms.

In addition, a Headquarters Air Force badge will be available this summer. The badge provides a distinct identification of military staff members assigned to the Air Staff and the Air Force Secretariat. Details about this badge will be available at a future date.

The following changes are effective immediately:

- Approval to wear the blue nametag with the Air Force informal uniform -- the member's abbreviated rank and name will be on one line. This uniform is worn by recruiters, honor guard, enlisted aides, chaplains, chaplain assistants, world-class athletes, and ftness center and health and wellness center staffs.
- Cummerbund pleats will face up in all cases. •If due to a temporary medical condition, such as chemotherapy, results in baldness, commanders will authorize the approved American

See **UNIFORM** Page 2

Keeping a steady

hand while looking through a microscope, Tech

Sgt. Mike Middle-

Program saves AF millions

by Tech. Sgt. William Farrow 354th Fighter Wing Public Affairs

The Air Force Repair Enhancement Program is big business, saving millions of dollars each year for Air Force bases by collecting and repairing miscellaneous broken parts, electronics components and nearly anything else coded "XB3 or XF3," also known as "disposable."

Eielson's AFREP team saved the 354th Fighter Wing more than \$2.8 million in FY05, and has already saved more than \$2 million in FY06.

Money saved is often used by the wing commander for quality-of-life enhancement and improvement projects, such as new exercise equipment at the Eielson ftness center and the new flightline kitchen.

Eielson's AFREP manager, Master Sgt Dave Cox, said the program makes its money by focus-

ing on cost savings and cost avoidance, which in some cases can mean a huge dollar savings to the base and the Air Force, as well as saving time and retaining mission capability.

The AFREP's mission – based loosely on the Navy's necessity to repair parts and components "in-house" while isolated at sea – ensures that the shop repairs parts that the Air Force would otherwise have to either buy new from the manufacturer or find similar off-the-shelf items to replace.

Often the shop's four Airmen are busy repairing parts that have base level repair capability, but are beyond a particular work center's capability.

"The items repaired on a regular basis are mostly aircraft-related components like airborne video tape recorders, circuit cards and cables, Sergeant Cox explained. "But we are defnitely

See **AFREP** Page 2



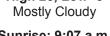
brooks, repairs a circuit card assembly. The diodes on some circuit cards AFREP technicians repair are the size of the tip of a ball point pen. AFREP technicians repair an average of 75 parts per week resulting in millions of dollars saved

annually.

ICEMEN DEPLOYED

Today

High 25, Low -5



Sunrise: 9:07 a.m. Sunset: 5:04 p.m.



Saturday

High 25, Low 5

Sunrise:9:04 a.m. Sunset: 5:07 p.m.

WEEKEND WEATHER

Sunday

High 25, Low 5 Mostly Cloudy

Sunrise: 8:57 a.m.



Iraqi Freedom - 78 Enduring Freedom - 368

> Other -22 Total = 468

As of Feb. 2

Mostly Cloudy

Sunset: 5:11 p.m.

ARCTIC NEWS

Deploy from Page1

something more with his life

"I was working a dead-end job that was taking me nowhere," he said. "So I joined the Air Force and now I have a job I love and I get to see the world while doing that job."

As an A-10 crew chief, Sergeant Strickland is responsible for thorough inspection of the A-10 and its parts, checking for everything from fluid

levels and holes or leaks, to bad wiring and foreign object debris. He has also worked on helicopters, C-130s, KC-135s, UA-V Predators and various fighter aircraft.

"It's always rewarding to see the aircraft you spend hours repairing, inspecting and tweaking, take-off, perform a mission and come back successfully," he said.

Sergeant Strickland's wife, Heather,

who he married in April of 2004, said she is proud of her husband and his dedication.

"I don't like to see him leave, but I understand why he has to go," she said. "Someone once told me that by marrying an Airman, I was also marrying the Air Force. That's true, but I am so proud of what he does and the country he serves – that helps make everything

Uniform from Page1

Cancer Society cap, wigs or baldness while in uniform. •Bracelet size is reduced to one-half inch. Bracelets that support a cause, philosophy, individual or group are not authorized. Traditional POW/MIA bracelets are still permitted. Gemstone and tennis bracelets are only authorized while wearing the mess dress.

- •Rings will be worn at the base of the finger and will not be worn on the thumb. Wedding sets count as one ring.
- •Eveglasses will not be worn around the neck, on top or back of the head or hanging on uniform.
- •Epoxy blue nametag is optional on the blue shirt.
- •Wear of the firefighter duty badge is authorized while an individual is assigned a 3E7X1 duty Air Force specialty code, including periods of professional military education and staff tours above group level.
- •Wear of the security forces duty badge and beret is authorized while an individual is assigned a 3PXXX duty AFSC position and is also their primary AFSC, including PME attendance and staff tours above group level.
- •The Air Force Good Conduct Medal will no longer be awarded. Previously earned medals are still permitted.
- •Mandatory wear of the physical training uniform is set for Oct. 1 as per the instructions released last November.
- •Cell phones, pagers and personal digital assistants must be solid or covered in black, silver, dark blue or gray, and must be conservative. They may be clipped to the left side of the waistband or purse or carried in left hand. Only one may be worn on the uniform belt. Members will not walk in uniform while using phones, radios or hands-free headsets unless required in performing official duties using a governmentissued device.
- •Permanent wear of the scuba badge is authorized on the battle dress uniform.
- •While not deployed, desert combat uniforms may not be worn unless en route to the basic combat convoy course. "Deployed" for this purpose includes members traveling en route to/from

rest and recuperative leave from the Central Command area of responsibility, as outlined in policy announced in mid-

This session of the Air Force Uniform Board included a special panel that was specifically chartered to make recommendations regarding updates/revisions to uniform standards affecting women Airmen. After careful review, the board approved several changes that affect women specifically:

- •"Scrunchies" are prohibited.
- Hairpins and bands must match hair color.
- •Hair color, frosting and highlights will not be faddish and will match natural hair colors, i.e. blonde, brunette, natural red, black or gray.
- No shaved head or flat top hairstyles for women. Synthetic hair can be worn, as long as it meets safety and mission requirements.
- Braids, micro-braids and cornrows are authorized.
- Nail polish will not contrast with complexion or detract from the uniform. Nor is polish of extreme color, such as purple, gold, black, blue or any florescent color, authorized. Nail polish will also be limited to one color.
- •French manicures are allowed, but fingernail length in all instances will not exceed one-quarter inch beyond the
- In addition to clutch-style purses, purses with no more than two straps are authorized with mess dress.
- •Earrings will be small spherical, conservative diamond, gold, white pearl or silver with any uniform combination and must be worn as a set. For those with multiple ear piercing, only one set of earrings will be worn in the lower earlobe and will also conform to these earring wear standards when performing duty in civilian clothes.
- Male flight cap is optional.

The updates will be added to Air Force Instruction 36-2903 when the new version is released in March.

Courtesy of Air Force Print News.

AFREP from Page1 not tied down to repairing just aircraft parts,"

Although the AFREP technicians have extensive electronics backgrounds, they are jacks-of-all-trades when the job calls for it.

Sergeant Cox said recent repairs include a scoreboard at the fitness center, a large industrial scale and even an office's 27

Sergeant Cox said for the AFREP mission to thrive, they must take a business-like approach to running the program.

"Our customers aren't just from the maintenance group, but from every organization on base, so it's important that we 'advertise' and solicit customers so they'll send us items we can fix," he said.

According to Sergeant Cox, turnaround times vary according to replacement part availability and time to research repair data

"Many times, we (AFREP) are the last repair stop for a particular item and we have to research extensively to find obsolete parts or replacements for them. If we can't fix it, or find a company that can fix it, then unit that brought us the part will have to replace the item, which means money out of their

Sergeant Cox said even if someone thinks their equipment can't be repaired, it's well worth calling his shop to inquire about the process of getting an item on their workbench.

"The amount of money a unit or work center saves adds up when compared to having to buy new or replacement parts or items," Sergeant Cox said.

AFREP, previously known as Gold Flag, got its start during the Cold War drawdown the component level (prior to AFREP, the cards had to be sent off base which wasted time and money) and grew into the last-stop repair center it has now become, Sergeant Cox said.

All AFREP technicians are required to attend a six-week course at Davis-Monthan Air Force Base, Ariz. where the technicians obtain their NASA Level-2M miniature/micro-miniature soldering certification required to do the types of repairs that come their way, explained Tech. Sgt. Lyndon Lipio, AFREP NCO in charge of circuit card repair.

"Once technicians were trained to repair the cards, they start working on other equipment and the program grew exponentially," Sergeant Lipio said. "Now, AFREP technicians repair anything from circuit cards to

ing repair needs, call 377-4653.

For more information or queries regardin the early 90s. It began as a way for the Air Force to repair circuit cards beyond DoD proposes Tricare hikes

The Defense Department is proposing that working-age military retirees and their families pay higher premiums to help address health care costs that have doubled during the past few years, senior DOD officials said here today.

The proposed changes would apply only to eligible military retirees under age 65 and their families, officials said. There would be no change for active-duty military or their families, or military retirees age 65 or older and their families.

When the Tricare health care program for active-duty and retired servicemembers and their families was established in 1995, retirees then were contributing about 27 percent of the cost of their benefit, said Dr. William Winkenwerder Jr., the assistant secretary of defense for health affairs.

However, military health care costs nearly doubled from \$19 billion in 2001 to more than \$37 billion in the 2006 defense budget, Dr. Winkenwerder said. And today's average military retiree contribution for health care coverage has dropped to about 10 to 12 percent.

"Their contribution did not change, while the value of the benefit continued to rise," Dr. Winkenwerder said. If approved by Congress and signed off by the president, the proposed Tricare rate hikes for retirees under age 65 would be phased in over fiscal 2007 and 2008. That should bring up younger retirees' share of Tricare costs closer to the 1995 level, he said.

By comparison, Dr. Winkenwerder said, civilians under private plans generally pay between 35 and 40 percent of their health

According to DOD documents, the current Tricare Prime annual enrollment fee for retirees is \$230 for individuals and \$460 for families for both enlisted and commissioned military retirees. The proposed changes would increase Tricare Prime enrollment fees for junior enlisted retirees at pay grades E-6 and below to \$325 per individual and \$650 for families by October 2008.

Enlisted retirees at pay grades E-7 and above would pay \$475 for individuals and \$950 for families by October 2008 under the proposed changes. And retired officers of all ranks would pay \$700 per individual and \$1,400 per family.

After that, the share of health care costs

paid by military retiree would be indexed to the Federal Employees Health Benefits Program that covers federal workers and

If nothing is done now, then DOD could be paying \$64 billion for military health care in 2015, Marine Gen. Peter Pace, chairman of the Joint Chiefs of Staff, said today during his testimony before the House Armed Services Committee.

The general said another reason for increased DOD health care costs is that many younger military retirees are using their Tricare health care benefits at the behest of their civilian employers, rather than access company health plans.

Finding ways to manage increased military health care costs "is something we just have to face up to, because it's an enormous amount of money," Defense Secretary Donald H. Rumsfeld said to committee members at the same House

The alternative to not raising rates, Dr. Winkenwwerder said, would be to degrade a first-class benefit for retired military members and their families.

Courtesy of Air Force Print News.

Personnel system changes start date

Defense officials have scaled back the initial group of civilian employees to fall under the new National Security Personnel System to 11,000 from a previously scheduled 60,000, officials announced Jan. 17.

The implementation date was also changed from Feb. 1 to April 30.

Personnel officials have been seeking feedback on proposed rules from employees, managers, human relations specialists and employee unions for several months. That feedback "led us to conclude we need more time to focus on simplifying the performance management design, getting performance objectives right and ensuring the system is simple, clear and understandable," NSPS officials said in a statement on the program's Web site.

The National Security Personnel System is intended to streamline cumbersome personnel rules and make it easier for managers to both reward stellar performance and correct sub-par performance among the Defense Department's 650,000 civil service employees.

The system also includes a means to rate leaders on management functions

"DOD is committed to making the NSPS transition as smooth as possible for the workforce. Ensuring that we 'take the time to do this right' has always been a principle in our event-driven implementation approach," officials said on the program's Web site. "We want to make sure that our employees, supervisors and leaders fully understand this system, and they have the tools to succeed in a results-focused, performance-based environment."

Courtesy of Air Force Print News



Airman 1st Class Justin Weave

Superbowl party

More than 60 Airmen relaxed while enjoying free food, coffee and shakes during Superbowl XL Sunday at the Coffee House. The Coffee house, which is open more than 50 hours a week, is sponsored by the Chapel and offers Airmen a place to access the internet, play videogames or watch television. For more information, call 377-2130.

Public pest notice

Eielson's pest management section is applying for a 2006 permit from the Alaska Department of Environmental Conservation. The purpose of the permit is to apply six types of mosquito control larvicides to selected water areas throughout the installation.

The pesticides that will be used are: Aquabac XT, EPA registration number 62637-1, active ingredient Bacillus thuringensis; Altosid Liquid Larvicide, EPA registration number 2724-392, active ingredient 5% Methoprene; Altosid Briquets, EPA registration number 2724-375, active ingredient 8.62% Methoprene; Summit Mosquito Dunks, registration number 6218-47, active ingredient 10.31 % Bacillus Thuringiensis; Bonide Mosquito Larvicide, registration number 4-195, 98 % Mineral Oil; and Altosid XR Extended Residual Briquets, EPA registration number 2724-421, active ingredient Methoprene 2.1%.

Application methods will be applied per the product labeling statement. The pesticide applications will take place April-Sept. 30 by Department of Defense certified pesticide applicators in accordance with label directions and permit stipulations.

The State of Alaska, 18 AAC 90.520(2), requires this notice published. Anyone wishing to submit written comments to ADEC regarding this application may contact Kim Stricklan, Alaska Department of Environmental Conservation, 555 Cordova Street, Anchorage, AK 99501. Fax comments to 907-269-7655 or call 907-269-1099 for more information. A copy of the application will be sent upon request. Comment deadline is 30 days after publication of second notice. A copy of the application will be sent upon request.

The Department may schedule a public hearing for a permit application subject to this section if requested, or if the department finds that good cause exists, even if a hearing has not been requested under 18 AAC 15.060(a).

Individuals with disabilities who may need auxiliary aids, services, or special modifications to participate in this review may contact the number above.

Air Force Virtual Education Center

Surf to www.my.af.mil to access the Air Force Virtual Education Center. Honor your parents

Go to www.yourguardians offreedom.com and request Air Force parent pins to thank their parents for their support.

= DWI clock =

Maintained by the 354th Maintenance Squadron

Iceman Team goal is 60 days without a DWI.

Need a free ride home?

377-RIDE

Days without a DWI: Days until goal:

37

Airmen Against Drunk Driving volunteers gave 32 rides last weekend and have 'saved' 4,608 lives to date.

Icemen should remember the following three prong approach: HAVE A PLAN; STICK TO THE PLAN, if the plan fails USE YOUR SAFETY NET.

Klondike Cab, at 457-RIDE (7433) offers Icemen discounted rides back to base. AADD, at 377-RIDE offers free rides 10 p.m. to 4 a.m. Friday and Saturday nights.



Published by Fairbanks Daily News-Miner a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 354th Fighter Wing. This weekly commercial enterprise newspaper is an authorized publication for members of the military services. Contents of the Arctic SENTRY are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or Fairbanks Daily News-Miner of the products and services advertised. Everything advertised in this

publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age marital status, physical handicap, political affiliation, or any other nonmerit or merit factor of the purchaser, user or patron. Editorial content is edited, prepared and provided by the public affairs office of Eielson AFB. All photos are official Air Force photos unless otherwise indicated. The deadline for submission of articles for publication in the Arctic SENTRY is 4 p.m. Friday, seven days prior to the publication date

Editorial staff Col. Dave Scott

Commander, 354th Fighter Wing

Best Metro Format Newspaper in PACAF 2003 & 2004

Airman 1st Class

Capt. Christopher Anderson Chief, Public Affairs

Tech. Sgt. William Farrow NCOIC, Public Affairs

Justin Weaver Editor

Commander's Hotline

377-6100

The Hotline is your opportunity to get your issues and comments directly to me so I can address them.

Before you call the hotline, however, I strongly encourage you to give the unit involved, your first sergeant or commander a shot at resolving the issue. The Iceman Team takes care of its own, but you should give these people the chance to help. Please leave the names and organizations of the people you've contacted who have been unable to satisfy your concern, and I will look into the problem.

Your confidentiality will be respected at all times. Thank you!

Col. Dave Scott 354th Fighter Wing commander

AFES	372-2139
E customer service	377-2100
Chaplain	377-2130
ining facility	377-2536
amily support center	377-2178
inance	377-1851
raud, waste & abuse	377-2109
lousing management	377-2244
nspector general	377-2109
Military personnel flight	377-2276
egal	377-4114
Public affairs	377-2116
Services	377-2857
RICARE	377-5235
	Ext. 2

Attitude

A mental position or feeling with regard to a fact or state

by Lt. Col Andrew Bouck 354th Maintenance Group deputy commander

I always try to stay positive and happy. It's not that I never have problems or difficulties and I'd certainly be lying if I said so. And, while I don't ignore my problems because they won't go away on their own, I simply choose not to dwell on them. This sort of personal mechanism has been with me since my earliest years and is probably due in large thanks to my parents who always encouraged me to look on the bright side of things, or to understand that every cloud does have a silver lining if you look for it.

That kind of advice has served me well through my entire life and most especially in my career. In lousy times when things are not going according to plan, the firm belief that things will get better has always got me through. For a long time I used to believe that I was just lucky – that things just happened to come my way, or that perhaps I was born under some lucky star. But, the longer I look at it, the more I come to realize that there is more to it than that. Thomas Jefferson once said, "I am a great believer in luck. I find that the harder I work the more I have of it." In essence, you will make your own luck, and whether it's good or bad depends on your attitude.

It's amazing how many doors open to people whose best attribute is a good disposition. I have a good friend who I used to drink beer with in college. Let's call him Ernie. Ernie spent much of his time in school involved with sports, social activities and helping other people. His grades suffered accordingly. He wasn't (ever) the best of students, and ultimately graduated quite happily with a 1.95 GPA – certainly not stellar, but he did graduate and was happy about that. Ernie worked the next couple of years at various auto-parts companies as an assistant or a store manager, but was always optimistic that he was going places. He never doubted for a minute that he wasn't going to someday be successful in corporate America. He plugged away at his job, did well, and kept sending out resumes. He finally got hired for a large pharmaceutical corporation (how that happened with a basket weaving degree is anyone's guess) at an entry-level sales position and he just kept moving.

I spoke to Ernie a couple of months ago, and he is now a regional sales manager for the same corporation earning a six-digit income plus bennies. Amazing. If one was to look strictly at academic performance, he would have been near last place on the prognostication poll for heading a major corporate sales team. How does that happen? It's not accidental nor a matter of luck, as some might try to convince themselves. Ernie's



"... the truly great leaders are those who can stare into the face of unbelievably bad situations and turn it around through a firm conviction that it can be done and things will get better."

Lt. Col. Andrew Bouck 354th Maintenance Group deputy commander

secret is simple and costs nothing. It is all about attitude. Ernie is the kind of person who never quits, because he always sees the good side of issues and problems. He's the eternal optimist, and the one person who will always find an alternative solution to which everyone will nod their head in agreement. While Ernie might not be a rocket scientist, he does stay on task, never complains and he always finds a way to get the job done. I have no doubt that his infectious optimism was a huge part of his success.

Colin Powell is credited with "Optimism is a force multiplier," and I couldn't agree more. In a military organization, pessimism will rot the unit to the core and can destroy a unit's ability to function effectively. But the truly great leaders are those who can

can and will be infectious. Clinical studies have shown that people who are positive and happy tend to promote that in others, and in organizations this effect promotes productivity and (amazingly) job satisfaction.

So my point is, stay positive, never quit and be a force multiplier. A positive attitude is an ace in the deck of

stare into the face of unbelievably bad

situations, and turn it around through a

firm conviction that it can be done and

things will get better. Even if you are

not in a leadership role your optimism

tive attitude is an ace in the deck of cards marked "Life." Make sure it's in your hand as it will get you through the worst of times and take you to new heights in your life and career.

Henry Ford: "Whether you think you can or you can't, you are probably right."

The wind beneath his wings ...

A tribute to the life of Mrs. Coretta Scott King

by Chaplain (Capt.) William Cooper, Jr. 354th Fighter Wing Public Affairs

Nearly 10 years ago, I was an Air Force Chaplain Candidate and a student at Emory University's Candler School of Theology in Atlanta, Ga. While a student there, I had the opportunity to enroll in a course called the Theology of Dr. Martin Luther King, Jr.

The course, which was taught by professor Noel Erskine, focused on the life of Dr. King and the influence of his non-violent philosophy and strategies towards ending racial bias in America.

We learned details about such things as Dr. King's early years as a child growing up in segregated Atlanta, his student years in Pennsylvania and Massachusetts, which is where he met his wife, Mrs. Coretta Scott King, and of course his brief but storied career as the leader of the modern day civil rights movement in

As relates to Mrs. King, it quickly became clear that she walked at her husband's side on many occasions in protest of racial and human rights injustices. In fact, in 1963, Mrs. King told television producer and commentator Arnold Michaelis that she was determined to support her husband in spite of the fact that the family home had been bombed.

She further reiterated that she believed wholeheartedly, as Dr. King did, that all people should be treated fairly regardless of the color of their skin. She appeared to be the wind beneath his wings. One day, professor Erskine surprised us all by revealing that Mrs. King had been a co-instructor of that very course along with him for many years. For me, this made the classroom experience even more interesting.

Most importantly though, from that day on, I began to take note of Mrs. King and her own distinct role in the American civil rights movement as well as her efforts to share the vision of Dr. King with the world after his death.

Mrs. King was a woman of firsts and one of her most noted first achievements was being founder of The Martin Luther King, Jr. Center for Nonviolent Social Change in Atlanta. It is a living memorial to her late husband. In 1981, The King Center became the first institution built in memory of an African American leader. But, even before Coretta Scott married Martin King, the Alabama native was a woman of achievement.

For instance, she graduated in 1945 from Lincoln High School in Marion, Ala., as the class valedictorian and received a scholarship to Antioch College in Ohio. She went on to study music and education at the

New England Conservatory of Music in Boston, Mass.

By the late 1950's Coretta Scott had married and become Coretta Scott King but was already involved in the civil rights movement. According to the Academy of Achievement based in Washington D.C., Mrs. King "conceived and performed a series of critically acclaimed Freedom Concerts, combining poetry, narration and music to tell the story of the Civil Rights movement...performing in some of America's most distin-

guished concert venues."

In the 1960s she also became the first woman to deliver the Class Day address at Harvard and the first woman to preach at a statutory service at St. Paul's Cathedral in London.

By the 1970s, Mrs. King had authored or contributed to a number of books and was a highly sought after speaker. But it is The King Center which stands as a testament to her commitment to preserve the memory of her husband and her own determination to end racial inequality. Mrs. King served as director of the facility for 27 years and today over 1 million people visit the center each year. A celebration of her life will be held in Atlanta, Ga., this week, so it is fitting that we take note of the outstanding contributions of this wife, mother and American hero.



Courtesy ph

Coretta Scott King speaks at the King Center, Atlanta, Ga., in 2004. Mrs. King served as the director of the King center for 27 years. Today more than 1 million people visit the center each year. A celebration of her life is scheduled in Atlanta this week.

ARCTIC SERVICES

Services programs ————

Editor's Note: For a list of other classes and programs, call 377-3268 or surf to www.eielsonservices.com. Please RSVP for classes. Outdoor recreation rents ski equipment, Ice fishing equipment and various other outdoor equip ment. Call 377-1232.

Programs

Texas Hold 'em tournaments: 6-8 p.m. Tuesdays at the Yukon Club. Call 377-1075.

Deployed bowling for family members: 5-7 p.m.

Fridays at Arctic Nite Lanes. Call 377-1129. **Trap shoot:** 5-9 p.m. Tuesdays at the skeet and trap

range. Instruction, ammunition and loaner guns are available. Call 377-5338.

FitFactor weekly events: 2:30 p.m. Fridays at the

Thrifty Tuesdays: 5-8 p.m. \$1 specials on bowling and food at Arctic Nite Lanes.

Skeet league: log 50 targets per week. Any adult, active-duty member, family member, civilian or retiree may join the league. Call 377-5338.

Chess club: 5:30 p.m. Thursdays at the community center. Call 377-2642.

Spades tournament: 8 p.m. Fridays at the Yukon

Bowling instruction available at Arctic Nite Lanes.

Call 377-1129.



All movies show at 7 p.m. at the base theater unless otherwise noted.

Today: Fun with Dick and Jane

Soul Food Extravaganza

377-1035.

Blood Drive

(Jim Carrey, Tea Leoni) A wealthy couple loses their main source of income causing both to turn to a life of crime as they organize various heists on their wealthy friend's accounts. Rated PG-13 (language, sexual humor and drug references) 85 minutes.

Reservations open

An overnight trip to Chena Hot Springs Resort is Feb. 24. The trip includes lodging and transportation at a cost of \$150 per person double occupancy or \$230 for a single, private room. Register by Feb 10. Visit the Outdoor Recreation offce at Iceman Falls for reserva tions or call 377-1232.

Sweethearts' Delivery

The deadline to order balloon bouquets for Valentine's delivery is close of business Saturday. Drop by the Arts and Crafts Center or call 377-4880 for more information.

Snowmachine ride

The Full Moon snowmachine ride takes place 6-8 p.m. today at Iceman Falls. Outdoor recreation offers additional snowmachine trips including a Sweethearts Onbase trip Tuesday and a Poker Run Feb. 26. Prices vary. Ride single or double. Call 377-1328 for more information.

Saturday: Munich

(Eric Bana, Daniel Craig) Set in the aftermath of the massacre of 11 Israeli athletes during the 1972 Munich Olympics, the story follows a secret Israeli squad assigned to track down and kill those responsible for the attack. Rated R (graphic violence, sexual content nudity and language) 94 minutes.

Sunday: The Ringer

(Johnny Knoxville, Brian Cox) When Steve Barker finds himself running dead last in the corporate rat race, he sinks to an all-time low -- he attempts to rig the Special Olympics by pretending he's intellectually challenged. However, Barker is completely out-classed by his felow Olympians. Rated PG-13 (crude sexual humor, language and drug reference) 94 minutes.

Today

❖ A teens' trap shoot is set for noon at the Iceman Falls skeet and trap range. Register at the youth center. Tonight, a Teens Grammy Karaoke party takes place 7-11 p.m. at the Teen Break. Activities are for youth center members. Call 377-3194.

- ❖A School's Out bowling special is available noon-5 p.m. Pay \$10 for three games of bowling, shoe rental and a basket meal. Call 377-1129.
- ❖ Sweethearts' Bingo is set for 5:30 p.m. in the community center. There's a \$3 fee for 10 games of bingo. Valentine's prizes are given to winners of each round. Call 377-2642.

Saturday

- ❖A couples' skeet and trap shoot is slated for 9 a.m. to 4 p.m. at the skeet and trap range. Couples shoot two rounds for the price of one. A rounds is valued at \$4.50.
- ❖ A couples' ski lift special takes place noon to 6 p.m. Lift passes, normally \$15 each, are two-for-one at Iceman Falls.

The couples' lift special continues Sunday from noon-

eb. 10-17

❖A pool tournament for teen members ages 16-18 is set for 7 p.m. at the Teen Break. For more information, call 377-3194.

Monday

Week to week

❖ An Airframe and Powerplant class begins at 6 p.m. in the aero club. For course prerequisites and description, call the course instructor at 377-7910 or the aero club at 377-1223.

Tuesday

❖Bowl a game for 75-cents during the Valentine's Day special 5-9 p.m. at Arctic Nite Lanes.

- Spouses of deployed personnel may attend a free movie screening at 5 p.m. at the community center. Call 377-2642.
- ❖ A Valentine's Day dinner, featuring a choice of king crab or prime rib, is 5-8 p.m. at the Yukon Club. Dessert and a beverage is included. Cost ranges from \$22-\$34. No reservations needed.

* Attend the Aero Club's monthly safety meeting at 7 p.m. for a chance to win a global positioning system, battery-free flashlight or other prizes. Safety meetings take place the second Tuesday of each month. Call 377-1223.

Wednesday

❖ A local flight-seeing special is available with the Aero Club. Take \$25 off the regular rate of \$125 per hour. For more information, call 377-1223.

Thursday

❖The chess club meets at 5:30 p.m. Thursdays in the community center. Newcomers of all ages and skill levels are welcome. Call 377-2642.

Friday

*Kids Night Out is set for 6:30-11 p.m. in the youth center. Youth center members in kindergarten through sixth grade may attend with a completed parental permission form. Call 377-3194.

❖80's Hair Band night is set for 7-11 p.m. in the Teen Break.

COMMUNITY BRIEFS -

Tobacco Cessation Class

A three-session long Tobacco Cessation Class is available Wednesday, Feb. 21 and Feb. 28 from 11 a.m.to noon. Class size is limited, however classes are available every month.

For more information, or to register, call the Health and Wellness Center at 377-6662.

Tech Expo

A Career Tech Expo is 10 a.m. to 2 p.m. Feb. 18 at the Hutchison Institue of Technology Campus. Employers will be available to speak with high-school students, spouses or anyone else interested in technical field careers.

International bow class

An International Bowhunter's Education Program class is Feb. 25. Call Erik Zrucky at 372-2479 or 378-7625 for details. Students must sign up by Feb. 22. Cost is \$10. The outdoor proficiency portion of the class will be held at a later date.

Valentine's Day party

Eielson Homeschool Valentine's Day party is scheduled for 1 p. m. Feb. 16, at the Base Chapel Annex. Attendees are asked to bring a snack to share. People who would like to order pizza, cost will be \$7 per pizza. RSVP by Monday so names can be added to Valentine's Day cards. For more information, call Rey Lopez Mader at 488-1502.

Student Jobs

The Commissary is recruiting students for cashier and store worker positions. Those hired will work Saturdays and Sundays, five hours per day. Applicants will be hired on a first come, first serve basis initially. Pay is \$7.67 per hour plus 25 percent tax-free cost-of-living-allowance (\$9.59) per hour. Those hired are eligible for vacation and sick leave benefits and can start a Thrift Saving Plan account. For further information, call Eielson Commissary Secretary Melissa Krol at 377-2173.

A Soul Food Tasting Extravaganza is noon to-

day at the base exchange. For more information,

call the African American Heritage Committee at

The 354th Logistics Readiness Squadron Fuels management flight and the Fairbanks Blood Bank are hosting a blood drive on from 10:30 a.m. to 3 p.m. Feb. 24 at the Joint Mobility Complex. Walk-in donations will be available on a limited basis. Contact Staff Sgt. Richard Bass at 377-1180 or Tech. Sgt. Kathryn Mc-Millan at 377-4206 to schedule an appointment.

ARCTIC NEWS

The Hall of Fame is a program for group commanders to recognize Airmen for excellent job performance.

Ruth Ann Drumhiller Retirement and Separations Manager 354th MSS North Pole, Ak.

"She goes above and beyond to answer countless customer questions, ensures that members complete all actions to meet retirement requirements and guarantees that all members are well taken care of during this huge transition. Her continuous support of our troops is indispensable. She is a valuable asset to the Eielson Team and to the Air Force."



Staff Sgt.
Bruce Millwee
Roofing Inspector
354th CES
Farmerville, La.

"He single-handedly took on shop responsibilities with only two weeks of experience. Showing a great deal of initiative, he researched, constructed, edited and completed a new roofing contract that will be in place for the next five years. He is a very sharp NCO who requires minimal supervision."



ARCTIC SPORTS

Ravens top Monroe with strong second-half play

by Tech. Sgt. William Farrow 354th Fighter Wing Public Affairs

The Eielson Ravens boys varsity basketball team posted an impressive 74-58 victory over Monroe Catholic boys Tuesday with a second half comeback that left the opponents bewildered.

Trailing by two at the half, the Ravens came out strong snagging defensive rebounds, applying pressure on the opposition re working the offensive perimeter and finally pull away from Monroe in the waning minutes of the third quarter. Travis Pew lead all Ravens in scoring with 22. Guard Charlie Hill threw in 18 points and Jarrett Miller tossed in another 15. Rounding out the scoring was center Chad Whaley with 10, guard Jamaal Tanner with 6 and forward Jason Holt with 3.

Whaley had an impressive 12 rebounds on the night and continually rallied the Ravens with his physical play. The 6'3" 250 pound power forward said his emotional play can motivate his team-

mates, but it can also concern the coaching staff and lead to spells of cheering from the bench. "I'm just competitive," explained the senior who also recently signed a letter of intent to play football at Bemidji State University.

"Sometime the coach has to sit me down so I can calm down a little and then I can get back in," Whaley said.

With second half possession play clearly in the Ravens' favor, the guards moved the ball well and found their teammates in the paint. However, they also drove to the lane when they had their oppor-

"The last couple of games weplayed have been pretty undisciplined and coach (Ravens head coach Kelly Growden) had us focusing on working hard in practice," said Tanner. "He said he wanted us working more as a team, but when we have the opportunity to take the ball to the net, we take it," Tanner said.

The Ravens are 8-1 in the Aurora Conference and 12-2 overall. The Ravens play at Nenana tonight.



Ravens forward Travis Pew towers over the opposition as he lays in two points in Tuesday's match-up against Monroe Catholic. Pew led all Raven scorers with 22 and went two for three at the free throw line.



H.L. Mencken. Happy Valentine's Day! I Love

~Iasmine

Thanks for being a wonderful husband and

ather, I love vou! Your loving wife,

~Darci

Dear Shan Even though the miles are between us, I truly miss you with all my heart and soul and especially

my two girls Rachel and Sarah.

Thank you for the more than 15 wonderful years. I'd do it again in a heartbeat. Always remember and never forget, You still Rock my World.

I would like to say Happy Valentine's day to my lovely wife Patricia in LRS. I love you and niss you very much!

~XOXO Andy

~Love your Baby doll

Wishing you a Happy Valentine's Day. Your family and friends in LA and AR are so proud of you! Also, we think you are going to be an awesome Daddy! ~Love, "Mom" Roxana and related family

& friends

To Craig, I love you more each day!

Dear Brianna, Rachel, and Drew, Happy Valentines Day from Iraq I love and miss you very much

Love, ~Mommy

To D, Happy Valentine's Day Sweetie! ~Babygurl

To Chip

I love you and Happy Valentine's Day. ~From Tay

Happy Valentine's Day to my Alaska Wild Bill!

I am more than honored and proud to be your wife and everyday with you is such an adventure! I thank the Father for bringing you into my life and just think we have the rest of our lives to explore and experience Alaska together!

~Calamity Jan

I cherish every moment we have together. You never cease to amaze me. I love you so much. With all my heart,

Happy Anniversary and Valentines Day, Honey! I love you!! ~Your hubby

Happy Valentines Day, Mommy! We love

~Megan and Lindsay Strobach

Maryann, Erica and Lauren, although I am gone for this Valentine's Day and some birthdays, not a day goes by that I do not think about all of you. You are the most important thing in my life. I love you all very much and will see you soon.

Go start the truck so I am warm! Only 3 years, 9 months to go! Love Ya!, Your one and only

~Your Queen

David,

I LOVE YOU! I wouldn't be here if it wasn't

for you, thanks for your support.

~Small Fry

My dearest Justian.

I know you aren't here right now but know that we love you and we miss you terribly. You are the best husband a wife could ever wish for and the best daddy any child could ever dream of. Butterfly Kisses and Monster Baby Kisses.

Love,

~Nycole and Ethan

Mommy, I love and miss you more then anything in the world. Me and Daddy can't wait for you to

get home from Iraq. ~Love Moose, Kenai and Daddy.

Happy First Valentine's Day Ethan!! Mommy and Daddy love you so very much. You are our favorite little monster baby! You have brought more happiness and love into our worlds than we ever could have imagined. We love you sweet pea.

Sweetheart messages

~Mommy and Daddy

Canadian Man, You are the best! I love you honey!

I can't wait until you come home, I miss you so much. Happy Valentine's Day!

~Love Carrie

I love you very much and thank you for all your love and support over the last four years. I will love and cherish you always. Your devoted husband.

Wish I could be home with you this Valentine's Day. You are here in my heart, babe. I love and miss you.

To the love of my life, my best friend, my soulmate. Happy Valentine's Day! I love you "ever so much"

~Darla

While I decide what I want to be when I grow up, whatever it is, I know I want to be "it"

Love, Hugs, and Kisses, ~Your E-Man

Happy Valentine's Day to the best husband and daddy. You are my sunshine! You make every

day brighter! I love you! ~Jeannie

Gary and Samantha,

Happy Valentine's Day to the two most important people in my life. And even though we are thousands of miles apart right now, you are always on my mind. I love and miss you two very much and can't wait for these next 2 months to go by. Lots of Hugs & Kisses from Iraq,

~Mommy

Happy Valentine's Day! We love you and Jenna ... can't wait to bee Lima Bean. Love, ~Dad, Mom, Jasmine and Jacob Bonin

Tony Konakowitz,

You are my secret love. You're my soulmate. I



Airman 1st Class Justin Weaver

Beautiful bouquet

Tanna Taubenheim, Arctic Floral floral designer, arranges a bouquet of flowers for a Valentine's Day order recently. Arctic Floral, located inside the AAFES mall, sells flowers, stuffed animals, candy, gift baskets, balloons and more. Call 372-2066.

see you everyday, but am scared to talk to you. I love you more than words can say. Love, your special secret crush. Only time will show you who I am.

Nicole Beacraft,

You are the most beautiful and perfect wife a man could ask for. Happy Valentine's Day angel. I miss you like crazy and love you more than anything in the world. Love, Your husband James for ever, because I promise to love you forever.

Daddy.

e you! Big hugs and one kiss more

Happy Valentine's Day. Your little dinosaurs:

~Reagan and Camden

I love you and Im happy that you will be mine!

~ Glenn

Katorah

I just wanted to say that I Love You and I hope

that you have a Happy Valentine's Day! Love,

~Your Husband

Fletch,

Whoever said no one is perfect lied. I've been blessed to have a perfect husband, perfect father and perfect man in my life. I love you.

~Katie

Landon and Nolan, Never forget that you are my angels. I love you with all my heart

Happy Valentine's James Bonin and new Dadddy-to-Be! With all our love, you're wife and your little Lima Bean!

Kathy,

Just wanted to let you know how much I love you and that I think about you all the time.